

Physical Education and Health Syllabus K-5th

Physical Education Expectations:

- Participate to the best of your ability
- Dress in appropriate athletic attire
 - DO wear tennis shoes and comfortable clothes
 - DO NOT wear sandals, slides, and hoodies/jackets
- Transition to the gym quietly and politely.
 - You should be at your dot sitting and ready to participate
- All student materials should be left in the breezeway.
- Students should use the restroom before entering the gym
 - Students may use the restroom during PE, but they must complete some step-ups before returning to the activity.
- Water break will occur at the end of class.
- Use appropriate language, no horseplay/disruptive behavior.

Behavior Expectations:

Step 1: Warning

Step 2: Step-ups (alternate physical activity)-Parent Notified

Step 3: Bounce to ISS-Parent Notified

Step 4: Office Referral-Parent Notified